# FROM THE CLAY OVEN -TANDOOR

#### TANDOORI CHICKEN

bone-in chicken legs and thighs marinated in a sauce of lemon juice, ginger, garlic, cardamom, cumin, coriander, turmeric and yogurt and fire-roasted on skewers

#### CHICKEN TIKKA

baked boneless chicken breast marinated overnight in lemon juice, ginger, garlic, cardamom, cinnamon, cumin, coriander, turmeric and yogurt and fireroasted on skewers

#### **MALAI KABAB**

fire-roasted chicken breast seasoned with mild spices including lemon juice, ginger, garlic, cardamom, cinnamon, cumin, coriander, turmeric and sour cream.

#### LAMB BOTI

boneless lamb leg pieces marinated in ginger, garlic and mild spices including lemon juice, ginger, garlic, cardamom, cinnamon, cumin, coriander, turmeric and rosemary

#### TANDOORI FISH

fresh farmed Salmon fillet marinated in ginger, salt, pepper and turmeric

#### TANDOORI PANEER

soft juicy chunks of paneer cheese, peppers and onions in mild spices.

Tandoori items are served with a bowl of spiced and buttery basmati rice or a bowl of plain brown rice

# TIBETAN SPECIALITIES

#### **CHICKEN MOMOS**

steamed dumplings filled with ground chicken thighs, ginger, onions, cilantro and black pepper and served with a spicy tomato, onion and red chili sauce.

#### **VEGETABLE MOMOS**

steamed dumplings filled with minced cauliflower, potato, carrot, paneer cheese, ginger, onions, cilantro, butter and black pepper and served with a spicy tomato, onion and red chili sauce.

# VEGETABLE CHOWMEIN

egg noodles stir fried with julienned cabbage, carrot, mild spices and soy sauce.

#### CHICKEN / EGG CHOWMEIN

egg noodles stir fried with julienned cabbage, carrot, chicken or egg, mild spices and soy sauce.

Chowmein and chicken, paneer or tofu chili can be prepared mild, medium, spicy or extra spicy.

#### CHICKEN CHILLI

spicy pieces of boneless chicken marinated and lightly fried and stir-fried with fresh onions, green peppers and chilies

#### PANEER CHILLI

paneer cheese lightly fried and stir-fried with fresh onions, green peppers and chilies

Chili items come with a bowl of rice. \*\*ask about our Yak items\*\*

#### STAPLES

#### NAAN

soft, fluffy and chewy Indian flat bread made with white flour and baked in a clay oven

#### **GARLIC NAAN**

naan bread topped with fresh minced garlic and cilantro

# ONION KULCHA

naan bread stuffed with spiced onions and cilantro

#### TANDOORI ROTI

Indian flat bread made with stone-ground wheat flour

# TIN MOMO

fluffy steamed bread served with a spicy tomato, onion and red chili sauce. Enjoy the bun with just the sauce or with any curry item.

#### **BROWN RICE**

plain brown rice served with our vegan options.

#### **BIRYANI**

Indian rice dish made with seasoned rice, including cloves, cardamom, cinnamon, fenugreek leaves, and meat or fish or vegetables. Served with Raita (yogurt sauce) on the side

> CHICKEN | VEGETABLE FISH | LAMB

#### **BASMATI RICE**

spiced and buttery basmati rice served with most menu items.

# **DESSERTS**

# **KHEER**

dium heat and served cold

# **GULAB JAMUN**

rice pudding slow cooked over me-cottage cheese and flour deep fried home-made carrot pudding served and then dipped in sweetened rose water and served warm.

# **GAZAR HALWA**

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. We do not use peanuts. Ask your server about other allergens. 20% gratuity will be applied to parties of 6 or more. We will gladly split your check up to 4 ways. NOT ALL ITEMS ARE AVAILABLE | SEE DIGITAL MENU FOR CURRENT PRICES

# HIMALAYAN FUSION

# STARTERS AND SMALL PLATES

#### PAPRI CHAT

a medley of potatoes, chickpeas, wafers, gently tossed in cilantro and spices and served with a topping of yogurt, mint chutney and tamarind chutney.

#### CHICKEN CHAT

tender morsels of tandoori baked chicken tossed in cilantro, onions, tomatoes and then topped off with a light lime dressing, mint chutney and tamarind chutney.

#### KACHUMBAR SALAD

julienned mango, cucumber, carrot, cilantro and red onion with a tangy lemon-pepper dressing

#### **VEGETABLE SAMOSAS**

two crisp deep-fried turnovers stuffed with potatoes, green peas and spices

#### LAMB SAMOSAS

two crisp deep-fried turnovers stuffed with spiced minced lamb

#### **VEGETABLE PAKORAS**

mixed vegetables, mostly onions, dipped in chick pea batter and deep-fried

Samosas are wrapped in homemade pasty dough. Pakoras and Samosas are served on top of our mint and tamarind chutney.

#### PESHAWARI NAAN

naan bread stuffed with sweet nuts and raisins

#### PANEER NAAN

naan bread stuffed with spiced paneer cheese

#### **SEKUWA**

spicy boneless chicken breast, lamb or fish cubes marinated Nepali style with ginger and garlic and cooked in the tandoor. Sekuwa is meat cooked over an open fire and a favorite Nepali bar snack. Sekuwa is available spicy or extra spicy.

Naan is soft, fluffy and chewy Indian bread made with white flour and baked in a clay oven

# **VEGETARIAN CURRIES**

#### VEGETABLE KORMA

cauliflower, zucchini, peas, and carrots in a mild cashew sauce

#### MALAI KOFTA

lightly fried koftas made from potato, cashew and raisin in a creamy cashew sauce

#### DAL MAKHANI

creamy black lentils slow-cooked to perfection

#### TARKA DAAL\*

yellow lentils tempered with a blend of Nepali spices

#### CHANA MASALA\*

a traditional staple dish of chickpeas in a tomato sauce

#### PANEER MAKHANI

cottage cheese cooked into a creamy tomato sauce

#### SAAG PANEER

cottage cheese in a creamy spinach sauce

#### **BAIGUN BHARTA\***

chopped eggplant cooked in garlic, ginger, and curry spices

#### BHENDI MASALA\*

okra, tomatoes, and onions stir fried in a medley of spices.

### CHANA SAAG\*

fresh chickpeas in a spinach sauce

#### **ALU GOBI\***

cauliflower florets and potatoes in a mild tomato based sauce

#### SAAG ALU\*

chopped potatoes in a creamy spinach sauce

#### **ALU MATAR\***

potatoes and peas cooked in a lightly spiced sauce.

#### MATAR PANEER

cottage cheese and fresh peas in a rich tomato sauce

\* VEGAN OPTION AVAILABLE

# NON-VEGETARIAN CURRIES

# VINDALOO

a hot and tangy chili sauce made with vinegar, ginger, garlic and a blend of spices including cardamom, cinnamon, cumin, coriander, turmeric, cloves and fenugreek leaves

#### SAAG

a sauce of freshly chopped spinach cooked with ginger, garlic, onion and mild spices including cumin, coriander, cloves, fenugreek leaves and turmeric

# **KORMA**

a sweet and creamy sauce made from coconut powder, tomato, onions, ginger, garlic and mild spices including cumin, coriander, cloves, fenugreek leaves and turmeric

#### NEPALI STYLE CURRY

a Nepalese sauce made with a mild base of ginger, garlic, tomato, onion, cumin, coriander and turmeric

# TIKKA MASALA

tandoori baked meat in a rich, creamy tomato and onion-based sauce, with mild spices including cumin, coriander, cloves, fenugreek leaves and turmeric

#### FISH CURRY (MARKET PRICE)

Fresh fish lightly fried and finished in spiced onion and tomato sauces with mustard.

Curries are served with a bowl of spiced and buttery basmati rice or a bowl of plain brown rice

Prepared mild, medium, spicy or extra spicy with your choice of chicken or lamb